



# TransformingLives.Coach

## The Hero's Sherpa

Guiding Your Clients Through Life's Challenges

*The beauty of the way is that there is no way.* The Book of the Heart, Loy-Ching-Yoen.

### Module 3: Plan the Journey

1. Read Part 3, *Plan the Journey*
2. Journal any insights
3. Be prepared with any questions for class